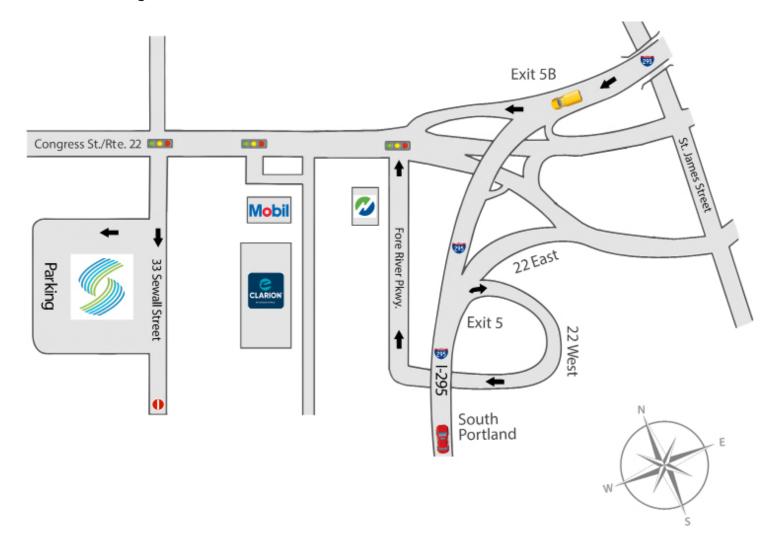


## **Directions to Spectrum Orthopaedics Portland Office**

33 Sewall Street Phone: 207.828.2100

**From Southern Maine:** Drive North on I-295; take exit 5 off I-295; follow signs that take you to Route 22 West, at second light (Congress Street) turn left onto Congress Street/Route 22 West; at second set of lights turn left onto Sewall Street. Our office is located at 33 Sewall Street.

**From Northern Maine:** Drive South on I-295; take exit 5B off I-295 onto Congress Street; at the second set of lights turn left onto Sewall Street. Our office is located at 33 Sewall Street.



<sup>\*</sup>Please note: parking areas for Spectrum Orthopaedics are marked around our building. Parking outside of these designated areas may result in being towed at your expense.