

Vestibular Rehabilitation

Certified VRS practitioners have mastery training to treat those with vestibular hypofunction, peripheral vestibular issues, and post-concussion pathology.

Vestibular treatment helps patients to manage and overcome dizziness, imbalance, and other vestibular pathologies all together.

Symptoms

- Feeling dizzy or off balance when getting out of bed, when looking up/down or over shoulders
- Had a recent fall, motor vehicle accident, sports impact and feel dizzy now
- Have been prescribed meclizine for “dizzy bouts”
- You have bouts where you feel like the world is spinning

How Rehab Can Help

- Eliminate positional dizziness with simple corrective positional maneuvers
- Help you recover from post-concussion syndrome
- Minimize feelings of motion sickness with corrective exercises
- Eliminate the need for meclizine to control your “dizzy bouts”

Dizziness is not a normal symptom people should deal with on a normal basis and our Physical Therapy centers can help you. Make an appointment with Spectrum today to get a handle on your dizziness and get back to normal.

Locations

**Get Back to
What You Love.**

