

**SCAPHO-LUNATE LIGAMENT REPAIR**  
**(Use of Extensor Carpi Radial Brevis-Arthrex system)**  
**Kathryn Hanna, MD**

**Patient will start therapy at 6 weeks post op**

**2 WEEKS POSTOP**

1. Patient should have a thumb spica splint to wear in between therapy sessions. It can be removed for showering.
2. Can begin AROM for wrist flexion and extension.
3. Avoid radial and ulna deviation in therapy.
4. Scar massage.
5. Edema control.

**6 WEEKS POSTOP**

1. Splint is discontinued.
2. Can now do AROM for deviations.
3. Can now begin PROM
4. Begin dart throwers wrist motion-to neutral

**8-10 WEEKS POSTOP**

1. Okay to strengthen if motion is good.